

COMPETITION DOCUMENT

001: WHEELCHAIR RUGBY FIVES RULES

All rules for wheelchair rugby fives will be the same as the Paralympic discipline of the game, with the below exceptions. The latest version of the international rules for wheelchair rugby can be found on the [WWR website](#).

The following rules changes are applicable for wheelchair rugby fives:

- All players, coaches and team staff must be registered as GBWR members in the relevant membership category.
- Teams will consist of five (5) players on court and maximum squad of twelve (12).
- A team can field a maximum of ten (10) points on court at any one time. Points are allocated using the classification system and Eligibility Criteria designed for wheelchair rugby fives.
- Wheelchair rugby fives will be played over two (2) periods of twelve (12) minutes with a two (2) minute break at halftime. However, where necessary a shorter or longer time period can be implemented.
- The game clock will continue running for the entire period of the game except during the final two (2) minutes of each half. During this period the clock will stop for any and all in-play stoppages. This rule can be modified depending on the time period allocated.
- Each team has two (2) time-outs which can be taken anytime during regulation play. Time-outs will last thirty (30) seconds and can be called by a coach when the ball is dead, or a player who's team has possession of the ball during live play. This rule can be modified depending on the time period allocated.
- The referee can stop the game clock for long periods of inaction, such as for an injury.
- No more than three (3) players from the same team may serve penalties at the same time. If more than three (3) players are required to serve penalties, the fourth and any subsequent penalised players shall leave the court and wait, off the court and outside the penalty box, for an opportunity to begin serving the penalty. A substitution must be made for this player to allow his team to continue to play. The team's total points on court must remain legal, the coach will have the opportunity to make further substitutions to ensure this.
- For each female player on the court a team will be allowed an extra 0.5 points over and above the ten (10) points for the team.
- There is no 0.5 increase to a team's total points for athletes over 45 years of age.
- Substitutions can be made on any backcourt inbound including after a try has been scored.
- Players aged fourteen (14) and over are permitted to play as junior players, however, all junior players looking to participate must have completed a Fit to Play assessment with a GBWR staff member and regularly train with an adult team as well as holding an active Junior membership.